

Tibetan Homes School, Mussoorie
Class VII - Winter Assignment (New Batch) Year 2026

1. ENGLISH

- Q1. Journal writing for 10 days of your choice with careful handwriting?
Q2. Read any two-story books of children's story writers like Roald Dahl, Ruskin Bond, or Beatrix Potter and write a book review on them?
Q3. Learn about Tenses and make two sentences each on all types of Tenses.

2. SOCIAL SCIENCE

༡ བོད་ཀྱི་རྒྱ་རྒྱུད་དང་གཙང་པོ་འཁོར་ལོ་ལས་འཆར་བྱེན་བྱེས་དགོད་རྒྱ།

3. TIBETAN

༡། ལེགས་བཤད་རྒྱུན་དབང་གི་ཆ་ཚིག་ངག་རྒྱུག་ལྟོད་པ་བརྒྱུ་རྒྱ།
༢། བདུན་ཕྲག་རེར་རྒྱུ་མ་ཐུང་རེ་འབི་རྒྱ།

4. MATHS

- What is the value of $(-1) \times (-1) \times (-1) \times (-1) =$ _____.
- When a decimal number is multiplied by 10, the decimal point moves to the _____ by one place.
- _____ is the only rational number which is its own Additive inverse.
- The sum of _____ and $(-\frac{7}{8})$ is 0.
- Write a statement for the following equation:
$$\frac{3m}{5} = 6$$
- When $\frac{x}{4} = 3$, then $x =$ _____.
- _____ Angle is equal to its complement?
- Identify whether it's monomial, binomial and trinomial?
(i) $4y - 7z$ (ii) $1 + x + x^2$
- State whether a given pair of term is of like or unlike terms.

- (i) 1, 100 (ii) $4m^2p, 4mp^2$

10. Simplify combining like terms :

$$(3x^2 + 5x - 4) - (8x - x^2 - 4)$$

11. Find the value , if $n = -2$

$$5n^2 + 5n - 2$$

12. If $a = 0$, $b = -1$, find the value of $2a + 2b$

13. If $z = -10$, find the value of $p^2 - 2p - 100$

14. Write $\frac{2}{5}$ as percent.

15. Convert 0.45 to percent.

16. Find the ratio of 5km to 500 m.

17. Find 20% of 700 m.

18. In a hospital, 20% are nurses, 10% are doctors and remaining are patients. What percent are patients?

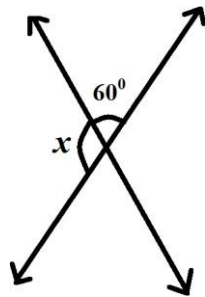
19. Lobsang sister wants to make Fried rice, she takes 3 parts rice and one part vegetables. What percentage would be rice?

20. Evaluate : $14 \div [(-9) + 2]$

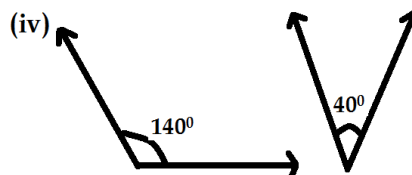
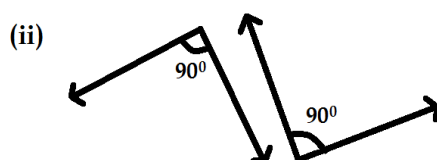
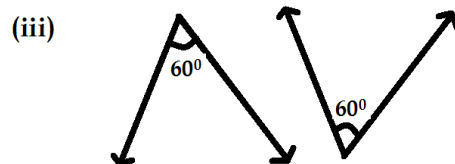
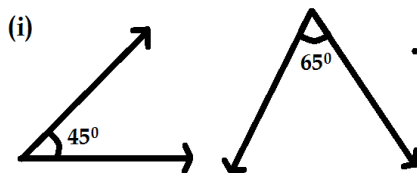
21. Find the product of: -15 and 5.

22. Find : 0.05×7

23. Find the value of x .



24. Which of the following pairs of angles form a linear pair?



25. Fill in the blanks:

(a) $-3 \times \underline{\hspace{1cm}} = -27$

(b) $-35 + (-5) = \underline{\hspace{1cm}}$

(c) $-20 \times (-3) = \underline{\hspace{1cm}}$

26. Find the angle which is equal to its complement.

27. Solve : $\frac{2x}{3} - 1 = 5$

28. List three Rational numbers between -2 and -1.
29. Determine the integer whose product with (-1) is :
- (a) 0 (b) - 45
30. Draw a number line and represent the Rational number $\frac{-5}{4}$ on it.

1. SCIENCE

Chapters Covered for Winter Assignment

Chapter 1: Nutrition in Plants
Chapter 2: Nutrition in Animals
Chapter 3: Heat

General Instructions

- 1: Write all answers neatly in a science assignment notebook
- 2: Diagrams must be pencil-drawn and labelled
- 3: Revise definitions and diagrams regularly
- 4: Submission after winter vacation

Week 1 to 4: Life Processes

Topics Covered

Chapter: 1 Nutrition in Plants
Chapter2: Nutrition in Animals

Assignments

Project: Leaf Observation

Q1: Draw diagrams showing different types of leaves.

Q2: Write the steps of *photosynthesis* and the factors affecting it.

Q3: Explain how plants make their food.

Comparative Study

Q1: Compare nutrition in humans, herbivores, and amoeba.

Assignments

Q1: Record temperature (morning/evening) for 5 days.

Q2: Explain: conduction, convection and radiation with real-life examples.

Q3: Differentiate between physical change and chemical change (e.g., melting ice vs burning paper).

*** *In case of any doubt, you may contact this no. (9627178400)* ***